Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**My Daily Routines Family Project**

Our class has been learning about the **daily routines** that different children and their families follow. We have also been learning that these routines show us a little bit about the beliefs and values of the children and families that follow them. We would like to tell our friends about some of the daily routines that we follow, so they can learn a bit more about us and our families. Draw pictures or stick in photographs of your child following some important daily routines.

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| |  | | --- | | **Parent Signature:** |   **Help your child to talk about their daily routines in school. Help them answer these questions!**   1. What routines do you follow each day? 2. What do you do when you are following them? 3. Who do you follow these routines with? 4. When do you follow these routines? 5. Why do you follow these routines? |

**My Daily Routines Family Project**

**Note to Parents/Guardians**

Dear Parent/Guardian,

As part of your child’s learning in Goodness Me! Goodness You!, our school’s multi-belief and values education programme, your child has been learning about the **daily routines** that different children and their families follow. A daily routine is something that a person does each day such as eating breakfast, brushing teeth or making a bed. We have also been learning that these routines show us a little bit about the beliefs and values of the people that follow them. For example, a family that reads before going to bed each night might value stories and the lessons they can teach children. A family that prays before going to bed each night might value their faith and wish to pass their beliefs onto their children.

We would like to tell our friends about some of the daily routines that we follow, so they can learn a bit more about us and our families. To prepare your the child for this, we would ask that a parent or guardian complete a **family project** with their child at home. A family project is an activity that requires children and a parent/guardian to sit down and discuss a topic from their own perspective.

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| This week, children and their parents/guardians should;   1. identify **daily or weekly routines** that your child follows 2. discuss when, how and why these routines are followed 3. complete the family project **worksheet** overleaf 4. return the family project worksheet to your child’s teacher |

Examples that parents/guardians might consider when selecting daily/weekly routines to discuss with their child include;

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| exercising (e.g. walking or cycling to school) | eating certain foods | wearing certain clothes |
| meditation | reading | spending time with family |
| praying | volunteering/helping others | cleaning |

Each family will have a unique experience completing the project. We look forward to hearing about the daily routines that your family follows.

Please be sure to return the project by **\_\_\_\_/\_\_\_\_\_/\_\_\_\_.**

Kind regards,

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(class teacher)